

Dear Parent and/or Guardian:

The purpose of this letter is to keep you informed of the curriculum content of your student's ninth grade Physical Education and Health class. The students will be learning information on human sexuality. Our ninth grade curriculum aligns with North Dakota Department of Public Instruction Standards for Health Education for grades 9-12, which includes the following standards:

12.1.5 Understand the impact of personal health behaviors on the functioning of body systems.  
12.4.3 Know how to use a process in decision making as it relates to a healthy lifestyle.  
12.5.4 Know how refusal, negotiation, and collaboration skills can be used to avoid potentially harmful situations.

The curriculum supports the recent passage of HB 1229, introduced and passed during the 2011 North Dakota legislative session, which states that "each school district and nonpublic school shall ensure that the portion of its health curriculum which is related to sexual health includes instruction pertaining to the risks associated with adolescent sexual activity and the social, psychological, and physical health gains to be realized by abstaining from sexual activity before and outside of marriage" (<https://www.nd.gov/dpi/uploads/31/Abstinence.pdf>)

If you are interested in previewing materials used in teaching these sensitive issues, please contact us, and we can arrange a time for you to come to the school. Our youth face challenges, and our primary goal is to help students make *healthy* choices that result in long-term, positive outcomes.

Sincerely,

Jordan Wilhelm  
Bismarck High School  
701.323.4800



